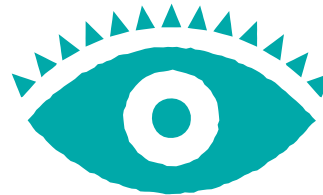


“Inside of me there are two dogs. One is mean and evil and the other is good and they fight each other all the time. When asked which one wins, I answer, the one I feed the most.”

~ Chief Sitting Bull ~

## Respect, Responsibility and Dignity



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## Benefits of Dog Ownership for Young People



## Hardships Endured by Native American Youth

- Higher levels of adverse childhood experiences (ACES)
- Special healthcare needs
- Sex trafficking, abuse, poverty, and foster care
- Inherent cultural mistrust of government agencies
- Generational trauma
- Excessive disease rates compared with the general pediatric population
- Disproportionately high suicide rates

**Let's Heal  
Our Sacred  
Circle**

## Our Mission

To restore, protect, and honor the human-animal connection within Native communities



## Our Vision

Decolonize animal welfare on Indian reservations by providing Native families and Tribal sovereigns with trauma-informed resources

## Benefits of Pet Ownership

- Restores a sense of security
- Provides relationship building skills
- Elevates confidence and self-esteem
- Relieves aggression/hyperactivity
- Teaches empathy and understanding
- Establishes responsibility and accountability
- Regulates stress and calm
- Improves attentiveness eliminates feelings of loneliness
- Relieves trauma-related anxiety and distress
- Improves immune system development
- Improves heart health through increased physical activity