



“The greatest healing therapy
is friendship and love.”

~ Hopi Proverb ~

Respect, Responsibility and Dignity



Benefits of Dog Ownership for Diabetic People



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Diabetes is a Crisis for Native American People

Up until the 1980s, some American Indian and Alaska Native elders recalled a time when there was no word for diabetes in their language because the condition was so uncommon.

- American Indian and Alaska Native adults are almost 3 times more likely to have type 2 diabetes compared to White adults.
- Native Americans are twice as likely as Whites to have diabetes.
- In 2017, Native people were 2.5 times more likely to die from diabetes complications than the average American.
- One in six American Indians and Alaska Native adults has been diagnosed with diabetes.

Let's Heal
Our Sacred
Circle

Our Mission

To restore, protect, and honor the human-animal connection within Native communities



Our Vision

Decolonize animal welfare on Indian reservations by providing Native families and Tribal sovereigns with trauma-informed resources

Benefits of Pet Ownership

- Increases physical activity
- Reduces stress and anxiety
- Helps maintain healthy weight
- Lowers high blood pressure
- Decreases risk of stroke and heart attack
- Alleviates depression and loneliness
- Improves structure and routine
- Specialty-trained dogs can:
 - ~ Detect low blood sugar
 - ~ Improve mental and emotional well-being